



## THE WHISPERING WAITER

This game is best played at the dinner table with the rest of the family members. The object of the game is to see if the last person can repeat the customer's order without any mistakes. It's very much like the traditional game of Chinese whispers, except that it's made more interesting with an order of Asian food.

Whisper order #1 slowly into the ear of the person sitting next to you. You can only say it once. This person must now whisper the order to the next person. This continues round the table until the last person repeats the order back to you. Did the order come back the same way you sent it? Try these other orders and make some up on your own:

1. Table 3 wants 5 slices of sashimi, 2 pieces of roti prata, 2 plates of chicken rice and 1 bowl of laksa.
2. Table 4 wants 2 sticks of satay, 2 rice dumplings and 1 plate of kimchi.
3. Table 14 wants 4 plates of chicken rice, 2 bowls of tom yam soup and 8 spring rolls.
4. Table 18 wants 4 sticks of satay, 8 rice dumplings and 1 plate of steamed tofu.
5. Table 9 wants 9 spring rolls, 4 bowls of beef noodles and 4 plates of rojak.

These simple games demonstrate key elements of brain fitness. Being a good listener and being able to quickly spot patterns are important for performance in school. If you would like a faster, sharper brain, contact BrainFit Studio at 6737 3511, or learn more about brain fitness at [www.brainfitstudio.com](http://www.brainfitstudio.com).

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